

Cell Phone & Headphone Policy

Cell phones and headphones/earbuds are not to be in student possession from the first bell to the final bell (9:15 am-4:00 pm). These devices should remain off and in your locker. Guardians who need to contact their students during the school day are invited to call the main office (907.742.3500) and our office team will deliver a private message.

Students who violate this policy will be sent to the office to check in their device for the remainder of the day.

1st offense: Student pickup after dismissal

Subsequent offenses: Parent pickup required

Frequently Asked Questions

1. *“What if I need to get in contact with my child during the school day?”*

While it is certainly convenient and reassuring to text your student during the day, the cost of having immediate access is not worth the interruptions during the school day. If you must contact your child during their educational day please call the front office and we will gladly send them a message in between classes.

2. *What if my student needs to contact me?*

There are phones in each classroom and phones in every office for student to use as necessary. Students should connect with the nearest adult to make a call as needed.

3. *“What if there is a safety issue such as an Active Shooter situation or natural disaster; isn’t my child safer with a cell phone?”*

No. Safety experts across the country report that during such a situation it is crucial for students to have their full attention on the present adult and not the distraction of texting friends or family. Notifications sounding and breaking the silence and concentration during such an event places a student at more risk, not less.

4. *“Will restricting phone usage take away from my child’s opportunity to learn digital citizenship?”*

That is a fair question. During advisory classes, students will be introduced to digital citizenship lessons on various topics such as digital footprint, safety, and social media suggestions. In addition, parents may instruct students on their own expectations and guidelines as well as establish safe media practices at home.

5. *What if my student needs a phone for a school project?*

ASD-issued Chromebooks are capable of meeting the technological needs of students, and unlike personal devices, they are monitored by our Gaggie system for inappropriate content, signs of harassment, or self-harm.

Links for review:

- <https://www.journals.uchicago.edu/doi/full/10.1086/691462>
- https://drive.google.com/file/d/1M9bW_3pLreoq0nKvW3M6Nye3WKbDbpAN/view
- <https://www.rutgers.edu/news/cellphone-distraction-classroom-can-lead-lower-grades-rutgers-study-finds>
- https://www.cdc.gov/healthyyouth/data/yrbs/pdf/YRBS_Data-Summary-Trends_Report2023_508.pdf
- <https://www.afterbabel.com/p/social-media-mental-illness-epidemic>
- <https://drive.google.com/file/d/1N1dXhhsAfCVIRYMY99Z62kMWDfXowm9j/view>